

VJK KB Diksmuide 26: Session: 3: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Fobelets Jos

Coaches: Van de Weyer Rune

Coaches: Mertens Wenke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 25: 100M BACKSTROKE WOMEN 15-16					Heat:2, starttime: 08:32
Heat: 2/6 Lane : 1 Athlete: LEMMENS FEBE					Q-time: 01:13:39
PB (25m pool): 01:13.39 Heist Op Den Berg 11/01/2025 PB (50m pool): 01:17.54 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.73		01:13.39	
		00:34.73		00:38.66	
					

Coach feedback:

Event number: 26: 100M BACKSTROKE MEN 15-16					Heat:2, starttime: 08:45
Heat: 2/6 Lane : 7 Athlete: GYULNAZARYAN MAX					Q-time: 01:06:95
PB (25m pool): 01:06.95 Herentals 09/05/2026 PB (50m pool): 01:09.00 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.94		01:06.95	
		00:32.94		00:34.01	
					

Coach feedback:

Event number: 26: 100M BACKSTROKE MEN 15-16					Heat:4, starttime: 08:50
Heat: 4/6 Lane : 6 Athlete: SLUYTS TIBE					Q-time: 01:01:98
PB (25m pool): 01:01.98 Herentals 09/05/2026 PB (50m pool): 01:03.77 SB: 01:02.87 Mol 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.36		01:01.98	
		00:30.36		00:31.62	
					

Coach feedback:

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Event number: 29: 50M FREESTYLE WOMEN 15-16			Heat:4, starttime: 09:23
Heat: 4/6 Lane : 1 Athlete: LEMMENS FEBE			Q-time: 00:28:24
PB (25m pool): 00:28.24 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:29.63 SB: 00:28.70 Mol 04/10/2026			
	2 5 M	5 0 M	
PB		00:28.24	
	00:28.24		
			

Coach feedback:

Event number: 30: 50M FREESTYLE MEN 15-16			Heat:2, starttime: 09:28
Heat: 2/6 Lane : 4 Athlete: GYULNAZARYAN MAX			Q-time: 00:26:76
PB (25m pool): 00:26.76 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:27.32 SB: no time			
	2 5 M	5 0 M	
PB		00:26.76	
	00:26.76		
			

Coach feedback:

Event number: 30: 50M FREESTYLE MEN 15-16			Heat:5, starttime: 09:31
Heat: 5/6 Lane : 1 Athlete: SLUYTS TIBE			Q-time: 00:25:90
PB (25m pool): 00:25.90 Mol 04/10/2026 PB (50m pool): 00:26.55 SB: 00:25.90 Mol 04/10/2026			
	2 5 M	5 0 M	
PB		00:25.90	
	00:25.90		
			

Coach feedback: